CURRICULUM of COMPETENCYUNIT (CoCU)

Sub Sector		KITCHEN							
Job Area FOOD PRE			OOD PREPARATION AND PRODUCTION						
Competency Unit Title		APPETIZER I	PRODUCTI	ION					
meet the satisfact Other See See See			uirement in Upon compl appetizer pr appetizer pr appetizer pr		ith food stand competency u dard recipes oment, utensi edients	dards set by nit, trainee	y the estab	lishment and to pr	nsure foods produced ovide food for guest
Competency U	Unit ID HT-012-2:2		012-C06	Level	2	Training Duration	60	Credit Values	6
Work Activities	Related	Knowledge	Relat	ed Skills	Attitude / Environ		Training Hours	Delivery Mode	Assessment Criteria
Obtain appetizer production standard recipes	Definition production production ii. Types of a Salad Introduction appetize Types of appetize Green services Vegeta	production n of appetizer appetizer ction of salad ter of salad ter					4	Lecture, Video Presentation & Observation	i. Salad appetizer production standard recipes selected ii. Hors D'oeuvre production standard recipes selected iii. Salad dressing standard recipes selected

Work Activities	Related Knowledge	Related Skills	Attitude /Safety/ Environmental	Training Hours	Delivery Mode	Assessment Criteria
	- Bound salad - Fruit salad - Composed salad - Gelatine salad • Ingredient - Arrangement and presentation - Structure of salad - Recipes and technique • Hors D'oeuvre - Canapé - Cocktail - Relishes - Dips - Tapas iii. Dressing • Introduction • Ingredient - Oil - Vinegar - Lemon juice - Eggs yolk - Seasoning and - Flavouring • Emulsion in Salad Dressing - Temporary - Permanent • Types of dressing - Oil and vinegar dressing - Emulsified dressing - Other dressing					

Work Activities	Related Knowledge	Related Skills	Attitude /Safety/ Environmental	Training Hours	Delivery Mode	Assessment Criteria
		Determine appetizer production method ii. Interpret types of appetizer production recipes	Attitude: i. Presentable appearance with apparent personal hygiene and professionally attire Safety: i. Adhere to hygiene and safety requirement	8	Demonstration, Observation & Hand-on Practices	
Select appetizer production equipment and utensils	 i. Appetizer production utensils and equipment classification Knives, hand tools and small equipment Pots, pans, containers and its usage Measuring devices Measurement scale Measuring spoon Food thermometer Cooking equipment Range tops, ovens, broiler, 			4	Lecture, Video Presentation & Observation	i. Appetizer production equipment and utensils identified ii. Usage of appetizer production utensils and equipment demonstrated iii. Operating procedures and safety aspects adhered. iv. Basic handling practises performed

Work Activities	Related Knowledge	Related Skills	Attitude /Safety/ Environmental	Training Hours	Delivery Mode	Assessment Criteria
	salamander, griddles, rotisseries, fryers, skillets • Processing equipment - mixers, food cutter, slicers, blender • Food holding and storage equipment - Hot - Cold					
		i. Identify types of utensils and equipment and usage ii. Interpret operating procedures and safety aspects iii. Apply basic handling practises	Attitude: i. Meticulous in identifying utensils and equipment and usage ii. Apply hygiene and cleanliness of work area iii. Follow HACCP requirement Safety: i. Adhere to safety requirement		Demonstration, Observation & Hand-on Practices	

Work Activities	Related Knowledge	Related Skills	Attitude /Safety/ Environmental	Training Hours	Delivery Mode	Assessment Criteria
Select appetizer production ingredients	 i. Appetizer production ingredients Quality of ingredients Standard weight, scaling and measurement technique 			4	Lecture, Video Presentation & Observation	i. Types of appetizer production ingredients determined ii. Quality of appetizer production ingredients applied
		i. Identify appetizer ingredient items classification. ii. Interpret appetizer ingredient usage iii. Ensure quality of appetizer ingredient iv. Apply standard weight, scaling and measurement technique	Attitude: i. Meticulous in identifying utensils and equipment and usage ii. Apply hygiene and cleanliness of work area iii. Follow HACCP requirement Safety: i. Adhere to hygiene and safety requirement.		Demonstration, Observation &Hand-on Practices	iii. Mise-en-place properly done iv. Standard weight, scaling and measurement technique performed

Work Activities	Related Knowledge	Related Skills	Attitude /Safety/ Environmental	Training Hours	Delivery Mode	Assessment Criteria
4. Carry out appetizer dishes production	 i. Understand types of appetizer dishes production Salad appetizer Green salad Vegetables, grain, legume and pasta salad Bound salad Fruit salad Composed salad Gelatine salad Hors D'oeuvre Canapé Cocktail Relishes Dips Miscellaneous ii. Appetizer production preparation and cooking iii. Portioning, Taste and flavour iv. Presentation and garnish technique 			8	Lecture, Video Presentation & Observation	i. Appetizer production preparation and cooking determined ii. Portioning and Taste and flavour applied iii. Presentation and garnish technique performed iv. Fault and corrective actions taken
		i. Interpret types of appetizer dishes production ii. Apply method of stock, soup and hot sauce preparation iii. Ensure portioning, taste and flavour		16	Demonstration, Observation & Hand-on Practices	

Work Activities	Related Knowledge	Related Skills	Attitude /Safety/ Environmental	Training Hours	Delivery Mode	Assessment Criteria
		iv. Apply presentation and garnish technique v. Apply fault and corrective actions.				
			Attitude: i. Apply different type of appetizer production. ii. Apply hygiene and cleanliness of work area iii. Follow HACCP requirement			
			Safety: i. Adhere to safety and HACCP requirement			

Employability Skills

Core Abilities	Social Skills
01.01 Identify and gather information	
01.02 Document information, procedures or processes	Communication Skills
01.03 Utilize basic IT applications	2. Conceptual Skills
01.04 Analyze information	3. Interpersonal Skills
01.05 Utilize the Internet to locate and gather information	4. Learning Skills
01.06 Utilize word processor to process information	5. Leadership Skills
	Multitasking and prioritizing
02.01 Interpret and follow manuals, instructions and SOP's	7. Self-discipline
02.02 Follow telephone/ telecommunication procedures	8. Teamwork
02.03 Communicate clearly	
02.04 Prepare brief reports and checklists using standard forms	
02.05 Read/interpret flowcharts and pictorial information	
02.06 Write memos and letters	
02.07 Utilize Local Area Network (LAN)/Intranet to exchange information	
02.08 Prepare pictorial and graphic information	
03.01 Apply cultural requirements to the workplace	
03.02 Demonstrate integrity and apply ethical practices	
03.03 Accept responsibility for own work and work area	
03.04 Seek and act constructively upon feedback about performance	
03.05 Demonstrate safety skills	
03.06 Respond appropriately to people and situations	
03.07 Resolve interpersonal conflicts	
03.08 Develop and maintain a cooperation within work group	
04.01 Organize own work activities	
04.02 Set and revise own objectives and goals	
04.03 Organize and maintain own workplace	
04.04 Apply problem solving strategies	
04.05 Demonstrate initiative and flexibility	
OS 04 Understand systems	
06.01 Understand systems	
06.02 Comply with and follow chain of command 06.03 Identify and highlight problems	
06.03 Identify and highlight problems 06.04 Adapt competencies to new situations/systems	
06.04 Adapt competencies to new situations/systems	
06.05 Analyze technical systems 06.06 Monitor and correct performance of systems	
00.00 Monitor and correct performance of systems	

Tools, Equipment and Materials (TEM)

Items	RATIO (TEM : Trainees)				
 Kitchen Equipment Kitchen Utensils Ingredients Checklist form Standard Recipe Standard Operation Procedure (SOP)/Manual 	1:5 1:1 1:1 1:1 1:1				

References

REFERENCES

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- 2. Wayne Gisslen, 2011. Professional Cooking. 7th Edition. Wiley. ISBN 978-0-470-19752-3
- 3. The Culinary Institute of America, In the Hands of a Chef: The Professional Chef's Guide to Essential Kitchen Tools. Wiley. ISBN: 978-0-470-08026-9
- 4. Wayne Gisslen, 2004. Essentials of Professional Cooking. Wiley. ISBN: 978-0-471-20202-8
- 5. Online Video Resources
 - Roux-Be (The Reluctant Chef online resources) http://www.reluctantgourmet.com/rouxbe.htm
 - About.com. Culinary Arts http://culinaryarts.about.com/od/culinaryreference/tp/culinaryvideos.htm
 - Stella Culinary http://www.stellaculinary.com/
 - The Culinary Institute of America (more than 86,000 culinary & related resources) http://www.ciachef.edu/